

# Art cards

## Heart Angel strength of the heart

Message:



„Activate your heart strength by turning yourself to your self-love. Do what your heart is telling you, so you will experience new heart strength. “

## Heart Angel of activating your Self-Healing Power

Message:



„Be ready now for your self- healing power - you have such a big potential of self- healing inside yourself... open up... for this wonderful, loving energy, which is waiting to be unfolded."

## Heart Angel of Support

Message:



„Speak out loud, that you need support now, no matter in what kind of life situation you are. I want to point out to you, that your dear soul here on earth, can find the right contact person now. Allow yourself support being promised now."

## Heart Angel of Vocation

Message:



„What does vocation mean to you? To live vocation is fulfilling, doing out of the heart what feels coherent. Vocation is far more than doing a job. Vocation is life, expressing yourself with words of love, doing good to yourself and others. You are called to spread love, to live love. How to implement this, that's your mission - move now OUT of your comfort zone."

### **Heart Angel of Patience**



Message:

„Exercise to be patient and pay attention to your body center and strengthen it. Especially to your body, relieve it - your liver will be thankful... the frequency of my colors supports you on your way to find more patience - trust and let's go!"

### **Heart Angel of Mother's Love**



Message:

„Pure - infinitely large - unconditional - that's mother's love! So strong, at the same time tender and caring... Mother's love fulfils, releases, it warms and encourages. Let mother's love into your heart! And if you are a mother yourself... always think of how beautiful mother's love is."

### **Heart Angel of Happiness**



Message:

„Put your focus now and wholly on happiness, let your joyful life into your heart. It's time now to celebrate, to experience, to enjoy the time of happiness... be happy, you are pure happiness."

### **Heart Angel of Target**



Message:

„On my spiritual, conscious path, does it make sense to think of goals? What does a goal mean? Is it good for me? A goal should absolutely be mentioned and implemented in the sign of love. A Goal is important, because your vocation is carried through it into the big wide world. Carried in the focus of love a goal is very effective!"

### **Heart Angel of personal Success**



Message:

„Success begins within you, arises out of you. You follow yourself, your self- love, your essence! You are living your vocation, what you love... and also what happens and is shown on the outside... absolutely in the material, abundance, appreciation etc., but especially in your inside. Success is what you do with your life."

### **Heart Angel of Luck**



Message:

„The Heart Angel of luck wants to remind you of this indescribably beautiful feeling... with the impulses of its colors, it wants to push you to invite luck into your life by doing what you love."

### **Magic Heart Angel of Release of any Manipulation**



Message:

„The Magic Heart Angel of Release of any manipulation gives to you the necessary impulse to free you from any manipulation, which is not light and love."

### **Magic Heart Angel of Self-Empowerment**



Message:

„The Magic Heart Angel of Self-Empowerment does not tolerate any compromise, it purifies...it gives you the impulse to take back the power, turn the victim role into a fulfilled, creative life.”

### Different Heart Angels



Message:

This art card gives 9 intense Heart Angels to you for your development:

- green: physical healing
- yellow: patience
- purple: transformation
- orange: femininity
- blue: calmness
- light green: healing
- pink: self- love
- brown: grounding
- red: force and strength

### Heart Angel of Peace



Message:

„... you deserve of peace... take care of your souls salvation. Only inside yourself peace can emerge, which you send out to the world automatically. Trust the paths which lead you into your peace. You are a loving being with peace in your heart.”

### **Heart Angel of Protection**



Message:

„The only protection you can build up for yourself, is love - your self- love... it's the strongest power there is... love yourself... love life and you will see, you are protected."

### **Heart Angel of the inner Child**



Message:

„Time for retreat. Meet your inner child in the silence. Listen carefully to it. Take your inner child by the hand - be there for your little one! The encounter with your inner child will bring you salvation. How? The path will reveal itself."

### **Heart Angel of Grounding**



Message:

„...in these times of changes, I give you strength and support. Explore nature. Ground yourself by consciously make way to nature. Stay in nature - walk barefoot, go for running, walking, jogging... Eat root vegetables... or find your own way for grounding."

### **Heart Angel of lust for Life**



Message:

„Hey, finally let the lust of life awaken in you now... take all the love in yourself and mix it with the energy of the universe, top it with enjoyment and all the things that make you happy... so you have your own lust-of-life-cocktail!"



### **Heart Angel of Possibilities**



Message:

„... recognize the possibilities in your life. Open up your heart for the infinite beautiful loving opportunities, to experience your life in abundance, wealth and wisdom of the heart. Possibilities are waiting for you. Be aware of them! Have outrage to open up for these possibilities - NOW... you will be thrilled."

### **Heart Angel of Fireworks**



Message:

„... the time has come, let your light shine... arouse it like fireworks... fascinating wonderful... all colors... beautiful, because you are a being full of light."

### **Heart Angel of tender Heart Opening**



Message:

„... I give you a gentle impulse for opening up your heart - delicate and fine, soothing, balancing - with loads of heart warmth and delicacy. Feel comfortable with me and enjoy."

### **Heart Angel „dare you“**



Message:

„... ..yes, you dare to show yourself up to the world with all that you can and love!!! You are unique - awesome. You dare - start to detach from the snail shell of your past. Your infinite potential wants to be lived! Now - today - always!“

### Heart Angel "Be Special"



Message:

„You are special! Yes, you are unique... a special human being with so many talents, that make you unique. Track down your talents, live your talents... show your specialty to the world, to human beings. To be special needs to show yourself, to show what you love, your very special way. Yes, the time has come now... now, begin you special human being - you are special.“

### Heart Angel of Stability



Message:

"... to be stable, having stability in life is a very good base for an active life. How can I achieve more stability in my life?

A very good starting point is to strengthen yourself and your body. Choose healthy nutrition for you, I recommend animal-free nutrition - give it a try! Strengthen yourself with active movement, strengthen your mind with thoughts.

Start to clean up, let go of what's bothering you, do what you enjoy. Start to live! Doing so you bring stability into your life... a wonderful base for a joyful life!"

### Heart Angel of letting go



Message:

„Let go of all objects, circumstances and human beings, that prevent you from living your life. Have the courage to let go of all

integrated beliefs of your past... allow yourself to let go of what you don't need. Today it's a good day for it ... do yourself good with it - let go!!!"

### **Heart Angel of healing transformations**



Message:

„Every transformation, every change is beneficial. Sometimes your transformation steps can be challenging, but the way to healing through transformation is worth it."

### **Heart Angel of D-O-I-N-G**



Message:

„Five magic letters, that change everything and get things moving... simply said, here we go... do your thing!!! And leave behind everything that prevents you from living your wonderful life, from making changes. You are a human being, an acting being - you CAN DO... you can change your perspective, you can transform it. So, what are you waiting for? Be active, take your chance by acting!!!“

### **Heart Angel of free breathing**



Message:

"Breathe yourself free!!! Deep conscious breathing - becoming aware of your breathing. Find possibilities to learn different breathing techniques. By practicing breathing techniques, you can let go of a lot - you can breathe yourself free."

### **Heart Angel of resolution of trauma**



Message:

„Hidden deep in your inside you will find the traumas of your life. And that's where I - the Heart Angel of Resolution - start. At the core of the cause the key impetus is set. So, you are now able to solve the traumas of the past."



### Heart Angel of Fascination



Message:

„Fascination life, every minute of your life is pure fascination - is it so for you? Are you in love with your life? Do you wake up in the morning full of expectations - fascination for the day? Are you fascinated with what you do? In order to do so, are you ready to break new ground for t? Surely - are you? Let yourself be fascinated..."

### Heart Angel „Magic of Life“



Message:

„... Calmness - to arrive - being balanced - full of gratitude, compassion, appreciation in the heart - full of love. To experience the day, the week, the month, the year - the whole life, in this state of being - that's the magic of life!!!"

### Heart Angel of Demarcation



Message:

- ... letting go a little
- ...while being centered
- ...express yourself while being present
- ...setting energetic boundaries
- ... letting free
- ...staying calm
- ...being in love

### Heart Angel of the Child



Message:

"... being a child again... living in the present moment... to try out... being curious... getting up again, trying again... letting free the emotions... laughing... playing... singing... dancing... - everything at the same moment!!!"

### Heart Angel of „Being in the Flow“



Message:

"... being in the flow, everything is flowing... life can only work, if everything is in the flow! It is time to remove all blockades that prevent you from being in the flow. Start now to get your life into the flow."

### Heart Angel of the Family



Message:

"... I am there to remind you, that there are different kinds of family... the family of your origin, the one you are born in. Your actual family, whether you are alone, married or in a partnership. And your souls family, which mostly is larger than you guess.

Feel which family makes you feel good and enjoy time with it!!! The classical family model as you know will be no longer such an issue in the near future for you - get involved into this adventure. A family is allowed to be changed - emotionally as well as its type."

### Heart Angel of Power



Message:

„...there is infinite power in you! You are a powerful being. You can move mountains within yourself and around you. You are the creator in your life, with your power. Set your power free by getting out of the victims' role and accepting your creating power with love and gratitude! You are pure power - you are pure love - now - today - always!"

### **Heart Angel of Power of Healing**

Message:



„...now the time has come to activate your healing power. Open up to the possibilities of the impulse, so that healing in yourself can take place."

### **Heart Angel of Infinity**

Message:



"...open up to the infinity, the infinity of possibilities. Release your limits and get into the ??? flow of infinity. Full of joy, welcome the wonder-brilliant moments, which can find you now - the infinity of being!"

### **Heart Angel „Find your Flow“**

Message:



"... feeling to be in the flow of life. It's flowing, I feel balanced. I enjoy life, I am happy with what I do. I am grateful. I see love in everything there is. I'm enjoyng. I'm doing what makes my heart shine. I'm fulfilled with satisfaction. My energy centers are balanced..."

### **Heart Angel of Weight Reduction**

Message:



"... detach the blockages, which are lying behind your plump weight. It's the ease of life that's allowed now to come into your life. Feel easy yourself - easy in your thoughts, ease on all levels - body - spirit - soul and be happy about this ease."

### **Frequency - absolute Appreciation**

Message:



"... the time has come now, your absolute appreciation wants to be lived, wants to be accepted. Now the day has come to turn your creative power into gold - you are the genius of your life and deserve absolute appreciation!"

### **Frequency - up to new Miracles**

Message:



"... new miracles will step into your life... open up for them but do not expect! See even now the daily miracles that surround you - are you aware of them? The whole life is a miracle, full of uniqueness. Be ready and receive new miracles!"

### **Frequency - Healing**

Message:



"Being healthy is your birthright. Healing is happening easy and always. Healing is permitted to be, and it is permitted to happen easily. Healing takes place on all levels of being. Yes, I am healed completely - now - today - always."

### **Portal Gate of Courage**

Message:



"Are you ready to walk your personal path of a fulfilled loving life, taking all the consequences??? Are you ready to detach the blockages which prevent you from your luck, taking all the consequences??? Are you ready to live your life with all consequences??? ...than take your courage and move out of your comfort zone... - now!!!"

### **Heart Angel of Decision**

Message:



"... today I will make loads of decisions with happiness, they will carry me into a life full of love, abundance, and satisfaction.

Make a decision today! Decisions out of your heart for the benefit for yourself and all the beings here on earth. To make decisions stands at the beginning of any successful trip. Conscious decisions have such a power, that can beam you up quickly into a new world. So make your decisions always consciously and put them into action immediately... this way you will write your own success story!"

### **Heart Angel of Self-Love**

Message:



"The love towards myself is the pure acceptance of my being. Self- love blossoms when I accept myself the way I am, when I have the courage to detach from everything that's not good for me. I love myself... the way I am... now - today - always."

### **Heart Angel „Power of Transformation“**

Message:



"...You have got the possibility, to change yourself as you wish. With the Power of the Heart and your power of observation. In deep Meditation above substance matter to pure consciousness. This is the place, where you can bring about sustainable change - powerful transformation. "



### Heart Angel of unconditional Love

Message:



„...ist das möglich, überhaupt bedingungslos zu lieben? Ja Du kannst das! Ohne irgendwelche Anforderungen, Urteile.... Selbstzweifel...es ist möglich. Die bedingungslose Liebe ist in Dir, ja in Dir! Verbinde Dich mit Ihr, verbinde Dich mehrmals täglich mit Ihr...in dem Du bewusst Deine rechte Hand auf Dein Herzchakra legst und die linke Hand auf den Solarplexus - geh in die Stille und spüre! Eine wundervolle Übung, fokussiert - einfach...“

### Heart Angel „Resolution of any blockages of communication“

Message:

"Now immediately follow the heart's language and be the expression of love in your language... exercise to choose words So, you resolve the communicational blockages actively and accordingly..."



of love!  
act

### Heart Angel „Being self-sufficient“

Message:

"...connect with your inner strength, this will remind you of your basic trust immediately. In this moment, you are absolutely self-sufficient. In this moment, you are right just like that, and you are valuable just like that! Pause for a moment. Place both hands on your heart, connect with your heart energy and speak out or in silence: - I am self-sufficient!"



### Heart Angel of Creativity

Message:



"... shaping life in creativity is a wonderful request to you in order to lift you up. You can be creative!

Every human being is creative and you know it from your childhood days. With full commitment you imagined your own world, you built up dream castles, you handcrafted and many more! You were the "creator" of your life! Do you want to try in there? Yes, so let's go, be the "creator" forming and creating your life. Because you are a creative being, a human being full of creative power!!!"

### **Heart Angel of Abundance**

Message:



„...abundance you are! Yes you are filled with life. With this knowledge striving for outer abundance is an illusion. Abundance is surrounding you every day, see it! Through your gratitude and your heart energy you can bring even more abundance into your life, isn't this wonderful? Yes, I am fulfilled - now - today - always!"

### **Heart Angel Effortless**

Message:



"... effortlessly today I achieve everything I dreamed of. Possibilities result without my making, they are just presented to me. Effortlessly with no struggle abundance comes into my heart, because I activated my heart energy effortlessly - Thanks !!!"

### **Heart Angel of the resolution of fear**

Message:



"... happens when love and its perceived references are so strong that the fear-triggering moments no longer stand a chance. It is important to bring these fundamental experiences of these possibilities into your life. Through meditations and in real life, there are always options available to you! Use your creative power towards a loving, fulfilling life!"

### **Heart Angel „new discovered ease“**

Message:



“... I can now spread your newly discovered lightness in and around you very gently and sensitively. Your aura, illuminated by it, shines into the world and draws a wonderful life to you as if by magic. You are filled with the newly discovered lightness of your being - wonderful!!!”

#### **Heart Angel „Transformation of language“**



Message:

“...Your language is powerful, powerful in the sense of triggering a transformation. So always pay attention to which words you pronounce and yes which words you think. With the decision to choose loving words of the language, you have a very strong influence on your and their other transformation! The language of love is expressed and unspoken - pay attention to it!”

#### **Heart Angel „Good mood“**



Message:

“... don't be distracted by anything in the world and keep your good mood in your heart! Connect with this energy of "good mood" today and let the happiness out. Be silly, enterprising - smile all day long, sing, dance and be happy, just in a good mood! Wow, what an infectious benevolent energy. Be the warm good mood bear today ...a person just to love - thank you!”

#### **Heart Angel „Resolution of guilt“**



Message:

"...yes, come to the port of freedom, freed from all the guilt feelings that have captivated you! Now it is time to loosen and transform these bonds and the entanglements of guilt associated with them. Far beyond your childhood. Across incarnations. The era of free, loving, beautiful life begins now-today-ever!”

### **Heart Angel „Atlantis“**

Message:



"... deep within your being is the miraculous energy of primal love. Majestic, uniquely fine, it penetrates every cell of your body. Protect yourself from any low-vibrating frequencies. So radiant, lovingly shining in your aura, may it be rediscovered by you! Do you want??? Find your unique connection to this energy, open yourself? So activate your heart energy, the gate of the Atlantis energy in you."

### **Heart Angel of diversity**

Message:



"... do you want to open up to the diversity of life today ... do you want more diversity in your life? So give yourself permission today to live a life with the diversity that this earth gives you. Open your eyes to the diversity of love and nature. Open yourself to the thousands of gifts that are made available to you every day ... an infinite variety ... be thankful for it ... and the diversity will pour over you!"

### **Art card „Space“**

Message:

"... You are surrounded by infinite energy! Open yourself up to it because you are an energy being. The universe is in you and around you. Any color frequency supports your energy consumption!"



### **Heart Angel of Preciousness**

Message:

"... you are a precious being, don't let anything else tell you. The way you are, that's the way it is right now. Always keep in mind there - you may be as you are - you are precious!!! "





### **Heart Angel „acceptance“**



Message:

"... oh yes I accept myself and all living things on this planet ... a decision for love, for me and all good things. Inviting acceptance into my life, showing understanding and feeling with everything that is, even if I don't like it at the moment. But alone that I accept it as it is brings relaxation into my life and thus it can come loose - wonderful! Yes, I accept my life situation as it is now - today - always - thank you!"

### **Heart Angel of Steadfastness**



Message:

"...steadfast with both feet standing on the ground. Right you are challenged to stay centered in your mid point, to present your opinion, your vision, your life with steadfastness. Towards the storms of transformation unwaveringly - steadfast!!!"

### **Heart Angel of Adoption**



Message:

"...the time has come to fully adopt your situation, your life circumstances in love and gratitude. Only when you do so there will be peace in your heart, then the way is paved to start the necessary transformation - to awake your heart power to receive love at its greatest power and to pass on."

### **Heart Angel of Self-Worthiness**



Message:

"...yes today I am ready to recognize the "self-worth" in myself and to appreciate it! I am worth... add yourself. Be aware of it, you are a worthy human being, now - today - always!"

### **Heart Angel of Self-Confidence**





Message:

"... are you conscious of what is the sense in your life , your vocation, your mission? Being conscious of this and with this inner recognition you can carry with courage and focus your being, your love into the world. Take your time, go into the silence with your consciousness and discover yourself."

#### **Heart Angel „Resolving of all Mechanisms of Control“**



Message:

"...now it's time to free yourself of all mechanisms of control, which hold you back from acting out your uniqueness. Become conscious about what control takes you and slows you down, resolve it and let it go - now - today - always!"

#### **Heart Angel of Satisfaction**



Message:

"... to feel this comforting oscillating, carrying and gentle energy of satisfaction is a feast for your senses. You feel infinite peace in yourself - bliss spreads in your heart - you are in absolutely harmony with yourself - celebrate yourself and your wonderful life."

#### **Heart Angel staying Relaxed & Easygoing**



Message:

"...to live life in chill-modus is so nice. Staying relaxed and easygoing in any life situation. Calm, completely centered creating your wonderful life day by day brings it with it. Staying relaxed and easygoing, an attitude to life that is worth gold."

#### **Heart Angel of openness**



Message:

"... open yourself now to a new life in abundance & gratitude. Always be ready for love and its partner emotions. Prepare yourself daily and clear and cleanse your body to receive these divine energies."

### **Heart Angel of Miracles**

Message:

"... miracles happen now when you declare yourself ready to open up - open up to infinite love and its possibilities. In order to integrate miracles into your life it is necessary to switch from your victim role to your creator status and to live this! "



### **Heart Angel Mystica**

Message:

"... what does a mystical experience mean to you? Is this always linked to extraordinary extraterrestrial experiences?

Can it be that every single lived experience is a mystical experience without you realizing it?  
Mysterious- turned away from the norm - unknown not from this world?



### **Heart Angel foolproof Love of the Heart**

Message:

"... foolproof pure love like a small child to yourself and everything that can be felt. So pure, unconditional with infinite joy. In love with yourself and with the moment of life, that is foolproof love of the heart! "



### **Heart Angel Take back your own power!**

Message:

"... now it is the time to bring your power back to you!!! Power in the sense of your creative power - free your limited energies so that you can enjoy and distribute your new lightness in freedom and love."



### **Heart Angel „Feelings of Gratitude“**

Message:



"... the feelings of gratitude bring you further wonderful emotions of love into your life. Feeling this makes you a magnet. Always remember Feeling is the language of the body and the body realizes the reality of your life! "

#### **Heart Angel „Activation of the immune system“**



Message:

"... Strengthening your immune system is now of the utmost importance and this can take place on all 3 levels. It is ubiquitous to physically strengthen the immune system - more important is to bring your body emotionally and mentally into harmony by doing everything you can to follow love. Love is the strongest and most healing force in the universe and makes everything heal. Strengthened with this love, your immune system will recover and be stronger than ever before !!!"

#### **Heart Angel of Liberation**



Message:

"... now it is so far, the liberation of your true self can no longer be stopped. The time quality gives you the freedom to develop your desired strength and uniqueness. The liberation of your heart begins now!!!"

#### **Heart Angel „Dissolution of all limiting beliefs“**



Message:

"... limiting beliefs and their feelings are always activated as long as you don't rid yourself of them! Your life and you are worth flooding and releasing this cellular information with love. The time has come for your conscious, self-determined life in love, gratitude and abundance. A loving togetherness will arise from it - wonderful!"

#### **Heart Angel of devotion**



Message:

“To deepen in the moment of being. To enjoy the moment. To take the full strength of the heart and to concentrate fully on the task of his life-calling. Feel your devotion deep in your body, deep in your heart a feeling of arrival arises - wonderful!

### **Heart Angel of Activation**

Message:



“Now is the time to activate your infinite energy of love - to feel, experience and distribute activation in every cell. Enjoy the activation of your special powers today - feel like "Superman and" Superwomen "- you are great! Celebrate your activation, your special energy...”

### **Heart angel of life's work**

Message:

Do you know your life's work?

„... how is it, have you ever thought about your life's work? Could it be that you are performing a very specific task here on earth? That may have been set before you were born - a soul plan? Go into silence today, it's a very good time to find out today!”



### **The heart angel of the new finding**

Message:

“...oh yes now is the right time to find yourself new. To clearly define and clarify his position. The moment couldn't be better. Now put your true potential in the bright light and let your heart energy run wild! The time of oppression is over - you are the hero, the heroine in your life!”



### **Heart angel of the heart blossom**

Message:

„... the bud of love awakens in your heart - the blossom of love spreads its leaves and shines in a brilliant light. You feel their wonderful warmth and immerse yourself in a full bath of heart energy and kindness.”



## Heart Angel of heart communication

Message:



„... heart communication takes place without words. It just reaches you so deep in your heart. Heart communication is the language that every living being speaks here on earth - it is a primal language of love and lives in you. Activate it every day - by turning to and strengthening your love!“



Sincerely, Carmen Duffner

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